



# TMI

# Focus

Vol. XI, No. 1

A Newsletter Of The Monroe Institute

Winter 1990

## DIRECTOR'S PERSPECTIVE

**W**hat shape are we in? This is the question oft' asked by administrators, usually in reference to the proverbial bottom line. Though definitely concerned about the Institute's financial viability, I also ask that question with regard to what old boundaries we have pushed through, how we have stretched beyond our old shape and form to embrace and reflect new dimensions in our growth pattern. And, looking back over our past, reflecting on our current status, and anticipating our planned future activities, I am genuinely pleased at the ever-expanding, ever-changing shape of the Institute.

Since I am frequently asked about the early beginnings of the Institute, I thought it would be timely and propitious, as we begin this new decade, to share my perspective on the Institute's history, where we are now, and what we foresee for the coming year.

Though it was preceded by many years of Bob's personal research, the Institute had its official beginnings in the early '70s. Originally called Whistlefield Research Laboratories, and then subsequently, The Monroe Institute of Applied Sciences, the Institute consisted of Bob Monroe (founder and chief executive); a small group of eager, curious, and courageous individuals (called Pathfinders/Explorers); and myself (secretary, program coordinator, registrar, trainer, Explorer and monitor). It was a small group, indeed, to implement the enormous vision initiated by Bob Monroe . . . to explore, develop and give practical application to expanded states of consciousness in order to bring something of value to contemporary culture.

Beyond our numerous weekly Explorer sessions, during which we researched the effects of various Hemi-Sync sound patterns and sent Explorers "out" (in?) to obtain information on specific questions, we also offered the M-5000 Training Program. The M-5000 was so named because our intent was to train five thousand people in the arts of consciousness expansion and personal development. The very first program



*Nancy McMoneagle has been associated with the work of Bob Monroe for 20 years and became director of The Monroe Institute in 1983. Under her leadership, the Institute has expanded to include international programs, Hemi-Sync workshops in local communities throughout the United States, and an overall increase of programs and products available to the public.*

was presented at Esalen in 1973 by Bob and an engineer associate, Bill Yost. In a weekend format, the M-5000 consisted of hour-long, taped Hemi-Sync exercises in Focus 10 and 12 which, interspersed with discussions, meals, and short rest periods, went on around the clock. Needless to say, this 24-hour vigil kept by the two trainers, and the discomfort of participants lying for long hours in a prone position, made us take a look at redesigning the program. Nevertheless, the workshop was a huge success. Word about this intensive and unique program spread quickly as the participants shared their experiences with others. Requests started coming in to bring the M-5000 to various regions of the country.

The M-5000 training eventually evolved into the Gateway Programs. These programs included the Excursion (one day in Focus 10); the Weekend (2½ days in Focus 10 and 12); the Advanced 15 Weekend (2½ days in Focus 10, 12, and 15); and the ten-day Explorations (later to become the six-day Voyage). We shortened the tapes to 45 minutes, inserted more break times, and had standard sleep periods (with the exception of an occasional 2:00 a.m. tape). I was flying (physically) around the country, conducting our programs in such places as a Jesuit training center, an Episcopal diocesan center, motels, YMCAs, retreat centers, living rooms; in short, wherever we were asked to present them, and wherever

we could find enough space to "lay out" 20 to 40 people and their accompanying air mattresses, sleeping bags, and pillows in comfort.

As my time became devoted more and more to traveling around the country conducting programs, we hired a "real" secretary, an administrator, and trained several others to help facilitate the programs. An advisory board of 15 was formed to assist in the setting of policies for the Institute. Research continued in the lab as we expanded the Explorer team with other talented people. New tapes were developed

as a result of our research and, by 1980, we decided to make Hemi-Sync tapes available to the public. This decision caused some consternation to one of our Menninger associates who felt it unwise to release such an intensive technology to the public at large!

In 1979 we moved the Institute to Nelson County, Virginia, about ten miles from our previous location. Here we built the residential center for our programs, later followed by the administrative offices, a conference building, and a new lab. As more people participated in our Gateway programs and experienced the Hemi-Sync tapes, our shape changed rapidly from a small, very personalized research effort to an organization which ballooned out nationally as well as internationally. Not only was this happening as a result of the extensive word-of-mouth reporting from the people experiencing profound effects from using the Hemi-Sync technology, it was also due to Bob's first book, *JOURNEYS OUT OF THE BODY*, by then translated into seven languages, and the 1985 publication of its sequel, *FAR JOURNEYS*. From the massive amounts of mail we received in response to Bob's books, to the written reports of people hailing the efficacy of Hemi-Sync, there was no doubt that we were on the leading edge of interfacing technology with human consciousness. We were challenging limiting belief systems with new considerations. As an example, one of the simplest, although perhaps most potent was, "I am more than my physical body."

And then it happened. A movement of large enough proportions to have itself named. Enter the "New Age." Suddenly there appeared/sprang a number of "disciplines," tools, techniques and programs—many aimed at helping people obtain a desired state of being, many aimed at the commercial possibilities. Around us grew a new kind of language, with the accent on love and light, seasoned heavily with Eastern tradition references (Chakras, Kundalini, Chi, Ki, Samadhi, Satori, etc.).

For many years, we at the Institute have worked hard to demys-

tify and westernize our approach to such phenomena as the out-of-body state, "channeling," healing, paranormal functioning, whole-brain thinking, and the like. This is so Western minds can more comfortably use what we have to offer. This is also to strip from these areas of inquiry the limiting beliefs and rituals which enshroud the facts. However, we very much acknowledge the viability of the Eastern traditions. Having studied Zen Buddhism in Japan, I am personally aware of the richness of Eastern thought and of the difficulties encountered by the Western mind in fully grasping and applying it in our Western lifestyles.

During the past decade of the 1980s, we stayed on the leading edge of exploration and development of consciousness, though there was (and still is) a plethora of look-alike Hemi-Sync systems, tapes, and hardware. In 1985 we shortened our name to The Monroe Institute and changed our form to a nonprofit organization; this allowed for tax-deductible contributions, which in turn allowed us to expand our research. Since we have not been tethered by the necessity to please the scientific community (we still invite others to conduct such research), we forged ahead with our applications-oriented style of "Inquiry, Information, Innovation." One such innovation came about in 1987 with our Human Plus series, which has proven to be a very effective training system for gaining control over one's mental, physical, and emotional systems.

For the sake of brevity (or is it too late for that?), I am gliding over a number of years, and will simply note that there were many trials and errors, successes and failures, both with various projects and in relationships with people. It is important that I add here, too, that without the involvement and cooperation of all those connected with the Institute over the years, we would not be where we are today.

Moving up in time, during the last year alone, we have initiated our brainmapping research project (see *BREAKTHROUGH* Fall 1987, Fall 1988, and Fall 1989 for the genesis and development of the project), Personal Resource Exploration Program (PREP), and the talented subjects project; expanded our Professional Division to 190

## INTRODUCING THE TMI FOCUS

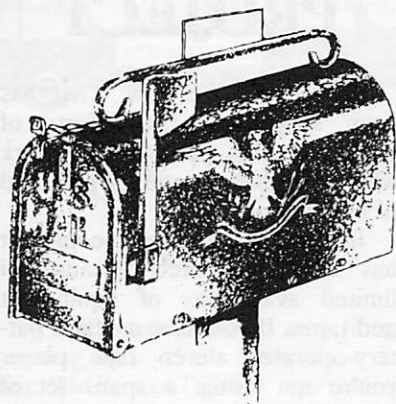
1990 heralds a new look for TMI's member publications, *THE MONROE INSTITUTE BULLETIN*, and the *BREAKTHROUGH*. As we continue to improve the quality of presentation, with this issue we are also pleased to introduce *TMI FOCUS*, replacing the *BULLETIN* title. *FOCUS* was selected as the winning entry in a member contest to rename the *BULLETIN*, and was submitted by William Parrette of Westchester, Ohio. Our thanks and congratulations are extended to Bill for his creativity!

members who are conducting various research projects in their professions; broadened our total membership at the Institute by 47%; and increased our staff by five people. Our Gateway Outreach Program now has 93 trainers; our Voyage, Guidelines, and H-Plus programs, 18 trainers.

As for 1990? We are designing and developing new, more sophisticated Hemi-Sync hardware. Research with the brainmapping equipment will continue. Bob's latest book, *ULTIMATE JOURNEY*, is scheduled to come out this year. We now have the entire Gateway Experience translated and voiced in German, and the same is in process for French. There are plans for a London branch of the Institute. We also plan to have special, personalized Hemi-Sync tapes available. These are just a few of the ideas we have in the making for the forthcoming year.

There is one final comment I would like to make in closing. To all of you who have contributed your effort, time, thought, money, blood, sweat, and tears to our efforts, I salute and thank you. And, I suspect, so do the thousands of others who have benefited from all of our efforts.

## FEEDBACK



"Feedback" is a TMI member forum featuring articles, letters, and creative writing. Your feedback is always interesting and informative, and—even more important—it may provide another member with exactly the inspiration or application idea that s/he is needing. So do take the time to share your Hemi-Sync experiences with the membership. Send your submissions to TMI FOCUS, c/o The Monroe Institute, Route 1, Box 175, Faber, VA 22938.

Jeanne Kaye, from Darien, Connecticut, submitted a provocative report on the use of Hemi-Sync in the art classroom.

*"I have been teaching perception and the ability to draw realistically at Middlesex Middle School for five years. Last year, after having experienced an EXCURSION Workshop, I ordered METAMUSIC and Surf Hemi-Sync tapes to help my students achieve a right hemisphere shift.*

*"My students have reported that they 'feel' a difference when the Hemi-Sync tapes are played. (I use two speakers on opposite sides of the art room.)*

*"I hear fewer 'sighs' caused by left hemisphere resistance, and see the children able to focus more easily on their task. They seem to prefer Surf, and ask for it if I*

*neglect to put it on right away. Many students have said, 'I draw better with Surf,' and a few actually ordered tapes from TMI.*

*"The culmination of the drawing classes is realistic portraits which use shadow and value. Last year, the first year I used Hemi-Sync, the portraits were more sensitively and accurately rendered than those of previous years. Many faculty members told me, 'This year's portraits are better than ever.' Was it Hemi-Sync that made the difference? I'm sure of it!"*

.....

Do you think poetess Marian Dixon is enthusiastic about H-PLUS?

### HUMAN PLUS

*Human plus human  
equals human plus*

*That's us  
on the bus  
to greater things.*

*Thank everyone and thank me  
for everything we've turned out  
to be*

*Even if it's a little off  
from humans in a minor key.*

*There is no turning back  
once you feel the lack*

*of what  
you can't see*

*or feel  
or touch  
or be*

*without help (from a human plus  
like me).*

## REACTIONS TO GATEWAY EXPERIENCE

GATEWAY EXPERIENCE, the popular in-home training system which evolved directly out of the GATEWAY VOYAGE program, has proven a valuable tool for learning and experiencing profound areas of expanded awareness. This series, designed to be used at your leisure in a designated sequence, produces cumulatively powerful outcomes in exploration and development of consciousness. Reactions we've received from users of this series indicate the range of results achieved.

*"I feel a connectedness—a sense of belonging—with whatever it is 'out there' (or 'in here'—any difference?)."*

H. R., South Africa

*"Each tape session is an event . . . I am no longer afraid to die—therefore no longer afraid to live . . ."*

*"I have played Pathways, WAVE V—EXPLORING while giving massage treatments. It has evoked past-life memories and visions for clients."*

S. H., England

*"I get clearer messages from my body about its current condition. When something isn't quite up to par, I can discover where the trouble is so I can do what needs to be done to correct it."*

C. P., Washington

*"I have grown and changed into a much different person. One of the big differences is that I now feel much more comfortable following my feelings . . . using my intuition."*

W. P., Ohio

*"Since I have been listening to the GATEWAY EXPERIENCE tapes I have experienced many new patterns of behavior and thought: a more objective view of what I'm doing; using behavior that gets me closer to goals; less complaining about what my life lacks. I appreciate people more for what they are doing, pay less attention to what I wish they might become, am less inclined to want others to make changes for me. I have more patience, am more assertive, less victimized, more understanding."*

L.S., California



## QUARTERLY TAPE

### *H-PLUS HYPERTENSION*

With this quarterly tape you have an opportunity to participate in evaluating what is a significant departure for us.

First, this tape introduces you to a new voice, that of Bob Sornson, a recent *GATEWAY* graduate and one of a number of people who submitted audition tapes. Bob was requested to voice *H-PLUS Hypertension* so that we can get members' reactions to his voice.

Before we tell you more about this quarterly tape, we want to make it clear that we continue to be interested in new voices; this was not a "contest" won by Bob Sornson. Our goal is to have several voices acceptable for the critical responsibility of reading a script onto a Hemi-Sync tape. If you wish to submit a voice audition tape, please write or call TMI to request an information packet.

The next innovation to which we need your reaction is: two voices in dialogue. *H-PLUS Hypertension* has Bob Monroe speaking sections that all *H-PLUS* tapes include, while Bob Sornson speaks the sections relating to this particular function. We would like to know your response to this alternation between voices.

The *Prep* side has Bob Monroe's standard voicing. If you are a user of *H-PLUS* and have already listened several times to *Prep*, it isn't necessary to listen to that side again.

The third opportunity for your valuable participation has to do with the script itself. It was written by Professional Division Member Bob Reeves, M.D., who is the director of a medical research institute devoted entirely to studying the treatment of high blood pressure. This Bob (hope you can keep them all straight!) is researching the use of Hemi-Sync in the treatment of hypertension. Such treatment would include a commitment on the part of the patient to becoming an active participant in the management of her/his own condition, and to making certain lifestyle changes. If Hemi-Sync proves an effective tool for this purpose, what a wonderful contribution that will be.

We hope YOU don't have high blood pressure. Please note that it is not a required precondition in order for you to use and benefit from this special-release tape. The script deals with balancing, normalizing, and equalizing the blood pressure, a boost all of us can surely appreciate. So when you use *H-PLUS Hypertension*, send your comments to TMI FOCUS. If you do suffer from hypertension, or share the tape with someone who does, the specifics of any effects will be especially important to know about.

Enjoy listening. Thanks!

## PREP PROGRAM

The Institute's *PERSONAL RESOURCE EXPLORATION PROGRAM (PREP)* continues to receive an excellent response. *PREP* enables individuals who are experienced with Hemi-Sync to receive private sessions in the TMI laboratory's isolation booth.

Each session lasts approximately one and one-half hours and includes a personal interview, the guided exploration session, a debriefing with the monitor, computer reports of the physiological monitoring results, and an audiotape of the session. The cost

of a single session is \$125.

TMI is now able to offer brain-mapping in conjunction with *PREP* sessions, utilizing the NRS-24 20-channel EEG topographic display computer system. These sessions require approximately three hours to allow additional time for the placement of an electrode cap, and a shower following the session. The cost is \$250 and includes a comprehensive written report and audiotape.

For applications, call or write: *PREP* c/o the Institute.

## THE PRISON PROJECT

For some time now, TMI has been supporting the efforts of prison inmates who want to work with the transformational potential of Hemi-Sync.

In some institutions the project has been hampered because of limited availability of equipment and tapes. If you have an extra battery-operated stereo tape player you're not using, a spare set of stereo headphones, or Hemi-Sync tapes you've completed your own work with, please consider sending them to TMI for the *PRISON PROJECT*. We will forward them to where they will do the most good.

Also, if you know of someone in prison who would want to know about the *PRISON PROJECT*, you can send the name and address to us or suggest that we be contacted directly for information.

We believe strongly in the value of Hemi-Sync as a tool for making significant and constructive life changes. The prison population has an exceedingly urgent need for such changes. The more widespread the use of Hemi-Sync in the prison system, the more data we can gather to demonstrate its benefits in that setting.

Please continue to send us names and addresses of people you know who work in any capacity in the field of corrections. If we can be in touch with your contacts, using your name as someone who has had personal experience with Hemi-Sync, it will make our introduction of Hemi-Sync significantly more persuasive.

Your response to any or all of these ways to assist the *PRISON PROJECT* will have repercussions far beyond the time your response will take. We're very grateful. Please send the equipment or tapes and information to the *PRISON PROJECT*, c/o The Monroe Institute, Route 1, Box 175, Faber, VA 22938.



# THE CENTER ADDITION

by Joe McMoneagle

*Joe McMoneagle is a professional remote viewer. Through his company, Intuitive Intelligence Applications, Joe provides consulting services in parapsychological research and development. His clients include research institutions and numerous private companies engaged in mining, archaeology, investments, and oil/water exploration. He is also a consultant to The Monroe Institute in a variety of capacities, including construction and subcontracting of the Center addition.*

It's one p.m., and the worker bees are converging on the Center building addition. Arriving in much the same way as volunteer firemen responding to a call, a number of vehicles, trucks and cars, descend upon the building, one behind the other, skidding to a halt. People pile out, donning nail aprons and equipment belts, carrying tools by the armload into the addition. Within minutes, power cords are hooked up and the hum of saws and drills echoes down through the valley. The banging of hammers and the occasional yell (expletive deleted) from a thumb well struck, resound throughout the construction area. At twenty minutes past three, as quickly as it all began, the workers scurry to their trucks and cars. Throwing the tools into the back seats or tool carriers, they quickly start their engines and pull rapidly away from the building, their tires scattering bits of gravel and dust. Silence once again settles upon the Center, only seconds before the next tape.

How much can be done in just two hours and twenty minutes? Some will tell you little, but here, now that's a different story. Many are aware that the construction has been going on for a considerable time. In the business of construction, time is important, because time relates directly to quality of work as well as expense. At the Institute we had a third consideration, and that dealt with reducing the impact of the construction on our guests and participants. Since this and quality were our prime concerns, it took a great deal of

time to reach completion. It was hard not wanting to rush the finish, in what started approximately a year ago. Our patient efforts have finally paid off.

How much has been accomplished over a year? Well, beginning with the upper floor, there are four new CHEC units that have replaced the ones previously located in the basement of the older section of the building. There are some differences in these units, as evidenced by the extreme low range speakers built into the side walls next to the pillow areas. There are five full baths which have been added to this floor, which should reduce the burden on bathrooms in the older area of the Center Building. In addition to the full baths,



there is a unisex, half-bath area, consisting of three private stalls with shared sinks.

The next floor down consists of a large private dining area. There are booths to one side and a settee, faced with smaller tables, for intimate settings for two. In the case of a large meeting or gathering, tables can be combined before the settee and provide seating for 30+ people. In the corner of the dining area is a more private meeting room where discussions can be held with wrap-around views of the Blue Ridge Mountains and surrounding hills and valleys. The dining area is accented with ceiling-to-floor columns, and tastefully selected wallpapers, paints and decor. There are his-and-her powder rooms by the entry and a large pantry and storage area behind the north wall.

On the south wall are two French doors which provide access to a private deck.

On the ground floor, beneath the dining area, is a very large exercise room. There are mirrors on two walls and a large workout area with mats and exercise equipment. Adjacent to this room is a special room set aside for massage. The rear door of this area opens to the courtyard behind the Center which, when finished, will be fully landscaped as a garden and sitting area.

Tying all three floors together is a 41-foot tower. Set with bronzed glass and trimmed in black/green paint, it gives the appearance of being a large topaz, polished on five sides and delicately framed and embedded within the primary structure. The spiral staircase, consisting of over 50 steps and four separate platforms, culminates in an exit onto a rooftop sun deck. Each of the tower's levels affords a spectacular view of the surrounding countryside, where each of the seasons can be enjoyed by the participants, or just counting the stars can become an enjoyable pastime.

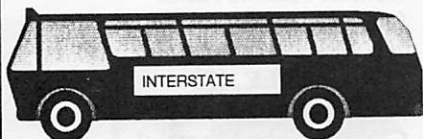
There are too many innovative thoughts and ideas, feelings and emotions invested within the addition to be listed here. Most are a result of the care and devotion to the project by the ultimate innovator, Bob Monroe.

It was difficult at times, working around restricted noise periods. But, with the cooperation of local contractors and employees of the Institute (both part-time as well as full-time), we accomplished the impossible: a 5000+-square-foot addition to the Center. Also, a special thanks must be given to the participants over the past year. They have been our greatest support, every one of them. Those who have requested that special tour, who have ooooo'd and aaaaah'd at the view, who have complimented each of the worker bees, and have never complained about the transitional period. Yes, to you, we owe a special thanks.

What is planned for the future?

"... er ... what's that, Bob? You want to build a what? Beginning in February?"





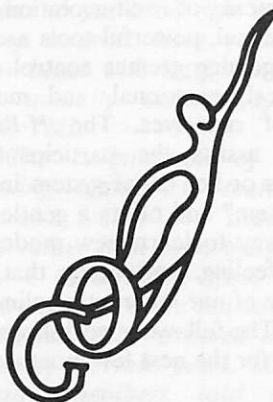
## ON THE ROAD

Full enrollments and long waiting lists—that's been the rule for TMI's *GATEWAY VOYAGE* programs here in Virginia for the past several years. In order to make *GATEWAY*'s powerful tools and techniques for the development and exploration of human consciousness available to even more people, TMI is offering its programs at other conference centers around the country.

For 1990, we currently have scheduled a *GATEWAY WEEK-END* program outside of Virginia, sponsored by Chicago's Oasis Center for Human Potential. The *GATEWAY WEEKEND* will occur at the Resurrection Center, Woodstock, Illinois (about 40 miles northwest of Chicago), July 27-29.

TMI is both pleased and proud to offer the *GATEWAY WEEK-END* through Oasis, a not-for-profit organization with a long history of making available to the public various processes of personal development that may lead to more fulfilling lives and greater appreciation of human values. In keeping with the Oasis tradition of offering high quality programs at a modest cost, tuition for the *GATEWAY WEEKEND* will be \$225 (which does not include room and board).

To register for the *GATEWAY WEEKEND*, or for additional information, contact: OASIS CENTER, 7463 North Sheridan Road, Chicago, IL 60626, (312) 274-6777.



PATRICIA (PATTI) LEVA MICHAEL, R.N., M.A., has her own management and organizational development agency, Natural Learning Systems, in Solon, Ohio. Previously, she worked as a clinical nurse and nurse education manager in a large hospital.

Patti was first referred to *GATEWAY OUTREACH* by Connie Stafford, and became a *GATEWAY OUTREACH* Trainer in February 1989. In this short time she has not only created a workshop base for herself in her area of Ohio (7 workshops, 25 registered participants), but is always looking for new opportunities to introduce herself and the value of

Hemi-Sync to her community. For example, she searched for a radio program about metaphysics, found one, and has been a guest on that program. She met with physicians at Brookfield Institute, a wellness center, and now has a contract to spend sixty hours a month utilizing Hemi-Sync for the benefit of the center's patients. She also contacted the NASA Lewis Research Center nearby, presented a four-hour seminar to 30 staff people there, and is now looking forward to pursuing the workshop opportunities that have become possible for her there as a result of the seminar. In addition to expanding her prospects nearby, Patti has begun to explore the feasibility of taking her training "on the road," to other areas.

Also, Patti has been very generous in her support of other trainers, giving them encouragement and advice. And to assist another trainer, she is traveling to another state to co-train with someone who wanted to feel more secure during the initial experiences.

For all of Patti's efforts, including her reaching out to be helpful to other trainers, we are proud to name her TMI's *OUTREACH Trainer of the Quarter*.

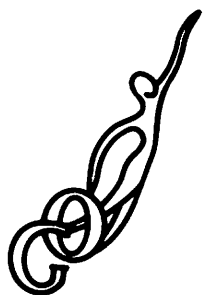
Congratulations, Patti—and thank you!

## OPPORTUNITY SCHOLARSHIP

The Monroe Institute continues to seek and discover more ways to support the development of human potential. We're very pleased to announce our new commitment to our local community: a four-year college scholarship for a local, Nelson County high school senior who, without this assistance, would not be able to pursue higher education. Beginning with the 1989-1990 school year, the first recipient will receive \$2500 annually, provided he or she maintains a minimum 3.0 GPA and lives up to the expectations that led to the initial award. This means that by 1994 we will be contributing each year

to the education of four deserving students from the local area.

A scholarship board has been formed, composed of educators, county administrators, the business community, and a representative of TMI. The board's mandate is to review candidates, select the recipient, and review performance at the end of each school year. We'll be looking forward to the "letter home," which the scholarship recipient will be writing each semester detailing her/his activities, so that we can enjoy following the development of these deserving young people.



## REACHING OUT

### *EXCURSION* and *HUMAN PLUS* Workshops Scheduled

The *GATEWAY OUTREACH* program is a network of accredited Outreach Trainers throughout the United States and other parts of the world. Gateway Outreach Trainers offer two-day workshops called *EXCURSIONS*, and two-day workshops called *H-PLUS*. The *EXCURSION* allows participants to experience the levels of consciousness called Focus 10 and Focus 12. The purpose of the *EXCURSION* is to provide an opportunity to learn to perceive, understand, and communicate in nonphysical ener-

gy environments, with an emphasis on integrating practice tools for use in daily life. The *H-PLUS* workshop is an intensive application of the *HUMAN PLUS* system of self-evolution, in which practical, powerful tools are offered for gaining greater control over the physical, emotional, and mental aspects of ourselves. The *H-PLUS* workshop assists the participant in shifting his or her belief system into a "know system" and offers a gentle but effective way to learn new modes of thinking, feeling, and being that express more of our inherently unlimited potential. The following workshops are scheduled for the next few months:

### *EXCURSION* WORKSHOPS:

ATLANTA, GA  
March 17 & 18  
Contact Ellen Rappaport  
(404) 577-5838

PHOENIX, AZ  
January 27 & 28  
Contact Mark Carter  
(602) 971-7165

ALBUQUERQUE, NM  
January 20 & 21  
One workshop in March  
Contact Karen Luciani  
(505) 298-5338

WESTON, CT  
February 17 & 18  
Contact Akasha Ames  
(203) 227-6865

LOUISVILLE, KY  
January 20 & 21  
Contact Libby Moore  
(502) 896-6132

SAN FRANCISCO, CA  
February 17 & 18  
March 24 & 25  
April 21 & 22  
May 19 & 20  
Contact Gini Patterson  
(415) 381-5476

MARBLEHEAD, MA  
March 24 & 25  
Contact John Gray  
(617) 631-8828

THE NETHERLANDS  
January 12 & 13  
Contact Tjaart Hofman  
05160-5843

### *HUMAN PLUS* WORKSHOP:

LOUISVILLE, KY  
February 24 & 25  
Contact Libby Moore  
(502) 896-6132

## STAFF LIST

Who are you talking to when you call TMI? We wish you could meet all these folks in person, but until that's possible we can at least tell you what their jobs are.

TEENA ANDERSON  
Lab Monitor and Technician

SKIP ATWATER  
Coordinator, Brainmapping Project

SHIRLEY BLILEY  
Projects Coordinator

MARK CERTO  
Audio Engineer

TERESA CRITZER  
Manager of Personnel and Administration

LESLIE FRANCE  
Professional Division Director

DONNA HABERLY  
Purchasing Coordinator

CAROL JOHNSTON  
Customer Service Coordinator

WENDY KLEINFELD  
Market Development

MAXINE LORENCE  
Gateway Outreach Coordinator

HEATHER LYMAN  
Shipping Coordinator

JULIE MAZO  
Projects Director

NANCY MCMONEAGLE  
Director

DARLENE MILLER  
Director, PREP & Explorer Programs

PHIL MILLER  
Accounting/Finance

DAVID MULVEY  
Programs Director

DAN REYNOLDS  
Marketing Director

JANET SESSIONS  
Database Coordinator

JEANNE SHREVES  
Center Coordinator

KAYE STEVENS  
Secretary

HELEN WARRING  
Program Registrar



The TMI FOCUS is sent quarterly to all members of The Monroe Institute. The FOCUS is on the programs, activities, releases, people, and events that comprise the Institute and track its evolution. The TMI FOCUS is mailed along with the HEMI-SYNC JOURNAL, a publication of the Professional Division of The Monroe Institute, and a special-release audio-cassette tape.

## CLIP TIPS



We depend on our members to send us clippings of news items, editorials, columns, book reviews, research reports, etc., as commercial clipping services are prohibitively expensive.

When you see an item in a newspaper, magazine, or professional journal that you feel is relevant to our work here at TMI, please cut it out or photocopy it, indicate the date and source, and send it to: The Monroe Institute, Route 1, Box 175, Faber, VA 22938. Thanks!

The TMI FOCUS  
is published four times annually.

*Senior Editors:*  
Leslie France  
Nancy McMoneagle

*Managing Editor:*  
Julie Mazo

*Computer Typesetting and Design:*  
John Dumais

*Publishing Coordinator:*  
Teresa Critzer

Do you know someone who can benefit from an introduction to TMI? Use this coupon to send us their name and address, and we will mail them our comprehensive, four-color brochure and information packet. Feel free to enclose an additional sheet of paper with more names, if you wish.

Dear Monroe Institute:

Please send a brochure and information packet as soon as possible to:

Name \_\_\_\_\_

Address \_\_\_\_\_

Thank you!